

**Only 3% of people suffering from harmful gambling either seek or are referred for treatment**

Shifting the Odds on harmful gambling

This means millions of men and women, young and old, are suffering in silence - or not so silently causing harm to their loved ones, friends and colleagues. Many of them may be your patients.

We know how precious time is with a patient, either at screening or during in-surgery visits and telephone consultations and we also know how hard it is to recognise the signs of gambling addiction.

**We want you to help us shift the odds for your patients.**

Our Shifting the Odds campaign brings together a range of resources for you and your clinical teams; it provides the knowledge and confidence to start the conversation about harmful gambling and how you can refer to the NHS Northern Gambling Service.

Visit [website] for more information - as Covid restrictions drive more extreme gambling behaviour, now is the time to shift the odds.

**Northern Gambling Service referral hotline: 0300 300 1490 or referral.ngs@nhs.net**